Role Description

VOLUNTEERING MATTERS

Volunteer Tech Tutor

Lifelines Project

Volunteering Matters is a national charity creating and supporting volunteer-led projects across the UK. In Brighton, our **Lifelines** project focuses on activities and support for older people across the city, with the aim of improving health and wellbeing, as well as combating loneliness and isolation.

Role Description:

To provide a weekly support session to a tech novice. It may be someone that has never used technology before, or someone that has, but lacks confidence. They may have their own equipment (phone, tablet, laptop), or one that we have loaned them.

Your role will be to support them with a minimum 1-hour weekly session to achieve their aims. These could be learning the basics on a new device; how to search the internet; setup and connect a video call with friends/family; play social games; learn how to shop; connect to GP services.

You can also take on a more engaging role of connecting to play online games socially, like Chess, Scrabble or one of your choosing - supporting them to have some fun.

What we will provide you with

- We will provide you with full training for the role
- We will provide the necessary equipment to carry out the role
- We will pay for reasonable expenses such as mileage
- Opportunities to meet and socialise with other volunteers
- The opportunity to use your skills and experience to improve the lives of others

Responsibilities

- Agreeing a plan of what your pupil wants to learn and helping them to achieve it
- Scheduling and carrying out a weekly support session, initially by phone
- Logging the details of your sessions for trainee to look back on at the end of the course
- Being aware of any safeguarding issues that might arise and reporting these back if you have any concerns

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Volunteer Requirements

- An interest in working with older people
- Confidence in using technology including android tablets. You do not need to be an
 expert but should be confident in looking up how to do things that might be new to you.
 We will also provide you with support and suggestions
- Good levels of self-organisation and reliability
- Able to commit to volunteering for a period of at least 3 months
- Two professional references

How to apply

- Visit <u>lifelinesbrightonhove.org.uk/volunteering/volunteer-roles</u> for details and links to our online application form, or a download version that you can complete and email/post to us.
- Contact us at <u>lifelines@volunteeringmatters.org.uk</u> or **01273 688 117** if you have any questions.